

Ra'yi-ururinta Daryeelka Aasaasiga Bukaanka

[NAME OF OFFICE/CLINIC] RA'YI-URURINTA WAXYAABAHA U BUKAANKU KALA KULMAY

Adiga waxa lagugu martiqaadayaa inaad ka qaybgasho ra'yi-ururintan maadaama aad dhawaan booqatay [NAME OF OFFICE/ CLINIC]. Ka jawaabiddaada su'aalahan ku jira ra'yi-ururitan ayaa annaga naga caawin doonta sid aad u horumarin lahayn daryeelka aan bixinno. Waxa jira lix qaybood oo ka mid ah ra'yi-ururinta oo waxay qaadan doontaa qiyaastii 5 daqiiqo in la dhammaystiro.

Ka qaybgalka ra'yi-ururini waa ikhtiyaari oo dhammaan jawaabahaaga aad ka bixiso su'aalaha ra'yi-ururinta ayaa lagu hayn doonaa si qarsoon.

A. Ma adigaa buuxsanaya ra'yi-ururintan mise qof kale ayaad u buuxinaysaa?

- Waxaan u buuxinayaa ra'yi-ururintan qof kale
- Waxaan u buuxsanayaa ra'yi-ururintan laftayda

B. Haddii aad u buuxinayso ra'yi-ururintan qof kale, ayaad u buuxinaysaa?

- Waxaan u buuxinayaa tan xubin qoyskayga ah ama saaxiib
- Waxaan u buuxinayaa bukaan ama macmiil
- Qof kale (*fadlan sheeg xiriirka aad la leedahay qofka bukaanka ah, ma aha magacaaga*):

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Qaybta 1: Nala soo xiriirkayaga

Q1. Sidee ayay ahayd ballantii booqashadaadii ugu dambaysay aad ugu tagtay?

- Anigu ma lahayn ballan – Meesha waan iskaga soo weecday **(Ku bood Su'aasha Q2b)**
- limayl ayaan soo diray oo aan ku qabsaday
- Waan soo wacay oo aan qabsaday
- Waxaan qabsaday markii ugu dambaysay ee aan meesha soo booqday
- Waad i soo wacdeen si aad iigu qabtaan
- Wax kale (*fadlan sheeg*): _____

Q2	Adiga oo ka fikiraya booqashadaadii ugu dambaysay, cabbir ah mid liita illaa heer sare, sidee ayaad ku qiimayn lahayd kuwa soo socda...?	Liita	Iska caadi	Ficican	wanaagsan aasan	Aad u wanaagsan	Heer sare
a.	Dhererka wakhtiga ay kugu qaadatay inta u dhexaysay qabsashada ballantaada iyo booqashada aad markaad ku tagtay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	Waxaad kala soo kulantay <u>guud ahaanta</u> marin u helka xarunta	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Qaybta 2: Imaanshaha iyo sugitaanka Xafiiska/Rugta Caafimaad

Adiga oo wali ka fikiraya booqashadaadii ugu dambaysay...

Q3	Adiga oo ka fikiraya booqashadaadii ugu dambaysay, cabbir ah mid liidata illaa heer sare, sidee ayaad ku qiimayn lahayd kuwa soo socda...?	Liita	Iska caadi	Ficican	wanaagsan	Aad u wanaagsan	Heer sare
a.	Dhererka wakhtiga aad ku sugtay goobta soo dhawaynta/sugitaanka	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	Waxaad kala soo kulantay guud ahaan shaqaalaha soo dhawaynta	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	Dhererka wakhtiga aad ku sugtay qolka baaritaanka kahor intii aad kala hadlaysay bixiyaha daryeelka caafimaadka waxa ku saabsan sababta aad u soo booqatay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Qaybta 3: Ballantaada

Adiga oo wali ka fikiraya booqashadaadii ugu dambaysay...

Q4	Adiga oo ka fikiraya daryeel bixiyaha UGU MUIIMSAN ee aad la hadashay muddadii booqashadaadii, cabbir ah mid liita illaa heer sare, sidee ayaad ku qiimayn lahayd kuwa soo socda...?	Mid Liidata	Iska caadi	Ficican	wanaagsan	Aad u wanaagsan	Heer sare
a.	Way ogaayeen taariikhda caafimaadkaaga	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	Way dhegaysteen waxaad ka welwelsay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	Waxay ku hadlayeen luqad aad fahmi kartay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d.	Waxay ku hadlayeen luqad aad fahmi kartay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e.	Waxay u nuglaayeen baahidaada iyo waxaad doorbidaysay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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f.	Waxay kuula dhaqmeen si sharaf iyo ixtiraam leh	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g.	Waxay ku siiyeen tilmaamo cad oo ku saabsan waxa aad u baahanayd inaad samayso kaddib markii booqashada	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h.	Waxaad kala soo kulantay guud ahaan la hadalkii bixiyaha daryeelka caafimaadka ee ku saabsanaa sababta booqashadaada	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Qaybta 4:

Q5	Adiga oo ka fikiraya booqashadaadii ugu dambaysay, cabbir ah mid liidata illaa heer sare, sidee ayaad ku qiimayn lahayd kuwa soo socda...?	Lita	Iska caadi	Fiiican	Wanaagsan	Aad u	Heer sare
a.	Nadaafadda guud ee xafiiska/rugta caafimaad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	Guud ahaan u habboontaa jirka ee xafiiska/rugta caafimaadka	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	Kalsoonida aad ku qabtay dhakhtarka/daryeel caafimaad aad aragtay muddadii booqashadabixiyaha (yeyaasha)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d.	Kalsoonida aad ku qabtay in macluumaadkaaga caafimaad loola dhaqmo heerka asturnida aad filaysay	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e.	Waxaad kala soo kulantay guud ahaan booqashadii aad noogu timid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Qaybta 5:

Labada su'aalood ee ugu horraysa ee hoos ku qoran ayaa la mid ah kuwa la weyddiiyay markii hore. Hase yeeshee, halkii aad ka fikiri lahayd boqashadaadii ugu dambaysay... waxaad annaga nagala soo kulantay **SANNADKII HORE AMA IN KU DHAWAYD**

Q6	Markii ugu dambaysay ee aad buktay ama aad ka welwelsanayd inay dhibaato caafimaad ku haysato...		
a.	Ma heshay ballan taariikhdiidii aad rabtay	<input type="radio"/> Haa	<input type="radio"/> Maya
b.	Immisa maalmood ayay ku qaadatay laga bilaabo marka ugu horraysay ee aad isku dayday inaad aragto dhakhtarkaaga ama kalkaalisadada(yaha) sharciyaysan markaad dhabti u ARAGTAY isaga/iyada ama qof kale oo ka tirsan xafiiskooda?	<input type="radio"/> Isla maalintii <input type="radio"/> Maalintii xigtay <input type="radio"/> 2-19 maalmood (geli # maalmaha: _____) <input type="radio"/> 20 maalmood ama in ka badan <input type="radio"/> Ma Khusayso (Ma aqaan/diiday)	

Q7	Marka aad aragto dhakhtarkaaga ama kalkaalisada(yaha), intee jeer ayay iyagu ama qof kale oo xafiiska joogaa...?	Marraba	Mar-mar dhif ah	Qaarkood	Mararka	Badanaa	Mar kasta
a.	Ku siiyaan fursad aad ku weyddiiso su'aalaha ku saabsan dawaynta lagu	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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	taliyay					
b.	Kaa qaybgaliyaan illaa heerka aad rabto inaad ka mid noqoto go'aannada ku saabsan daryeelkaaga iyo dawayntaada	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	Wakhti ku filan kula joogaan	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q8	Sannadkii hore ama in ku dhawayd...		
a.	Ma ka heshay daryeel bixiye(yaal) daryeel caafimaad ku yaal meel aan ahayn goobtan	<input type="radio"/> Haa (U gudub Q5.4)	<input type="radio"/> Maya (Ku bood Q5.5)

Q9	Adiga oo ka fikiraya daryeelka caafimaadka (s) bixiyayaasha wixii aad aragteen ee meelaha kala duwan ee aad ka heshay daryeel sannadkii hore ama in ku dhawayd, inta jeer ee...?	Marnaba	Marar dhif ah	Qaarkood	Mararka	Badanaa	Mar kasta
a.	Mid kastaa u ekaayeen inay yaqaaniin taariikhda caafimaadkaaga	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b.	Mid kastaa u ekaayeen inay hastaan baaritaan natiijooyinkaaga tijaabooyin ama baraaritaano	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c.	Ay iskaga midka ahaayeen waxay kaaga sheegayeen arrimaha ku saabsan daryeelkaaga iyo dawayntaada?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d.	Ay u ekaayeen kuwa ka wada shaqeeya adiga u daryeelkaaga	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q10	Markay tahay arrin kale, markii ugu danbaysay ee aad u baahanayd daryeel caafimaad fiidkii, Sabtida iyo Axada, ama maalmaha ciidaha dadwaynah, sidee ayay fududayd inaad hesho daryeel adiga oo aan tagin waaxda imerjansiga?	Aad Ayay u Adag Tahay <input type="radio"/>	Wey iska Adag Tahay <input type="radio"/>	iskaga Yara Fudud <input type="radio"/>	Aad u Fudud <input type="radio"/>	Kuma Habboona <input type="radio"/>
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Qaybta 6

Q11	Guud ahaan, sideed u qiimayn lahayd caafimaadkaaga guud?	Mid Liidata <input type="radio"/>	Iska caadi <input type="radio"/>	Filican <input type="radio"/>	Aad u wanaagsan <input type="radio"/>	Heer sare <input type="radio"/>
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Q12. Muddo intee le'eg ayaad noo soo booqanaysay daryeelka caafimaadkaaga?

- In ka yar lix bilood
- In u dhexeysa lix bilood iyo sannad

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- Inta u dhexeysa hal sano iyo saddex sano
- In u dhexeysa hal sano iyo shan sano
- In ka badan shan sano

Q13. Adiga oo isticmaala u malayntaada ugu fiican, immisa jeer aad na soo booqatay muddadii sannadkii hore ahayd ama in ku dhawayd daryeel caafimaadkaaga gaarka ah?

- Hal
- laba
- Seddex
- Afar
- Shan ama ka badan

Q14. Miyaad kula talin lahayd adeegyadayada qoyskaaga ama saaxiibbadaada? Sax ku samee **MID** kaliya.

- Hubaal ahaan maya
- Laga yaabaa maya
- Laga yaabaa haa
- Hubaal ahaan haa

**Haddii aad jeceshahay inaad bixiso ra'yi-celin dheeraad ah,
fadlan isticmaal meesha hoose:**

RA'YI-CELINTA (IKHTIYAARI)

Adiga oo ka fikiraya guud ahaan waxaad kala soo kulanatay xafiiskayga/rugtayada caafimaad, waa maxay...?

a. Laba wax oo gaar ahaan si fiican loo qabatay:

1. _____
2. _____

b. Laba wax oo in laga sii fiicneeyo u baahan?

1. _____
2. _____

Ma jiraan wax macluumaad dheeraad ah ama ra'yi-celin ah oo aad jeceshahay inaad nala wadaagto oo naga caawin kara inaan ka sii fiicnayno sida aan u bixino daryeelka?

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Waad ku mahadsantahay dhammaystirka ra'yi-ururintayada.